

# HALF DOUBLE TRAINING COURSE

Learn how to achieve double the impact in your projects.

The Half Double methodology is a well-tested agile approach that aims to lead projects to double the impact in half the time. While building on what we know works from best practice project management, it differentiates itself with a strong focus on:

- **Impact creation** throughout the lifetime of a project. When you use Half Double, this is the primary area of focus (rather than the project deliverables).
- **Achieving flow** in the project that drives progress whilst injecting energy and transparency.
- **Promoting leadership** that breaks down the formalism embedded in project structures and focusing on leadership of people rather than the management of systems.

## Participants

Whether you own, lead or participate in projects, the Half Double course will provide you with a framework for accelerating time to impact.

## The training programme

The training course consists of two sessions with an experimentation period in between. This will enable you to test the Half Double methodology in



practice and get feedback and coaching on how to increase the impact of the methodology in your projects.

- Ignite (4-5 March 2020): The **2-day Ignite session** gives you an introduction to the methodology and includes case work for you to practise using methodology.
- 4 weeks of **experimentation**: Based on your personal plan, you will test the methodology on your own projects. You will document learning (successes and challenges) for the Boost session.
- Boost (1 April 2020): The **1-day Boost session** gives you the opportunity to share successes and address the key challenges in applying the methodology in practice. During the session, you will receive advice on how to overcome these challenges.

At the end of the Ignite session, you will plan your personal Half Double journey for using the methodology on your own projects during the experimentation period. You will reflect and document your learnings in a reflection paper, which will be the focus of the Boost session. This will ensure that you achieve greater impact from the training course.

## Main content

The training course will cover the following main topics:

- An overview of the Half Double methodology and how it fits into the context of classic and agile projects.
- Building an **impact case** to drive behavioural change and business impact.

- Using impact **solution design** to deliver impact as soon as possible.
- Setting up **pulse checks** to monitor stakeholder satisfaction.
- Setting up a **fixed heartbeat** to progress the project in sprints.
- **Visual planning** to gain insights and build commitment in your project.
- Allocating resources to ensure a core team that can be **co-located**.
- Building a **reflective and adaptive mindset** for your project leadership.

- Leading a project collaboratively for increased motivation in the project.
- Inviting **project owners** to support the project by being more actively involved.
- Locally translating the tools to ensure that they can be a success for you in the context that you work in.

### The course includes:

Before the course: Reading materials.

During the course: Meals, notebook with stickers and a collection of articles.

After the course: Use learnings from reflection paper to apply the methodology in your projects.

### Price:

NOK 14,900

### Contact

Practicalities: Maria Elisabeth Strand  
Course content: Johan Harder

## Detailed agenda

Ignite		Experimentation	Boost	
Day 1	Day 2		Day 3	
Overall aspirations and learning targets	Recap and reflection	<ul style="list-style-type: none"> <li>• Use Half Double in your own Projects</li> <li>• Document your learnings</li> </ul>	Welcome back and recap	
Half Double methodology overview	Flow principle		Review of impact, flow and leadership	
Objective hierarchy and impact case	Leadership principle		Deep dive into learnings from experimentation	
Impact solution design	Local translation (making it work in your organisation)		Local translation revisited, overcoming barriers	
Pulse check	Personal plan for experimentation		summary and feedback	

