

HALF DOUBLE TRAINING COURSE

Learn how to achieve double the impact in half the time in your projects.

The Half Double methodology is a well-tested agile approach that aims to lead projects to double the impact in half the time. While building on what we know works from best practice project management, it differentiates itself with a strong focus on:

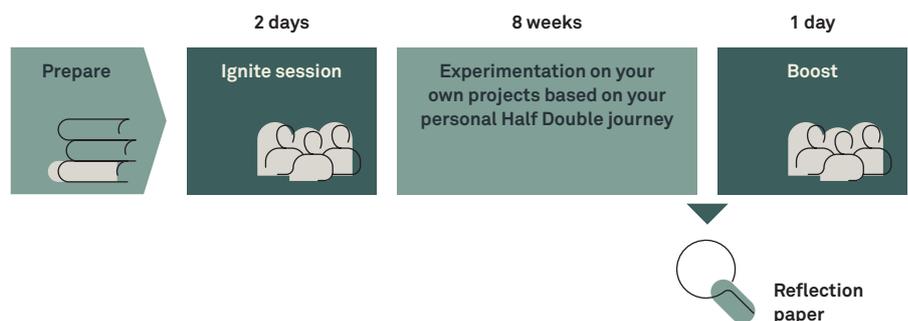
- **Impact creation** throughout the lifetime of a project. When you use Half Double, this is the primary area of focus (rather than the project deliverables).
- **Achieving flow** in the project that drives progress whilst injecting energy and transparency.
- **Promoting leadership** that breaks down the formalism embedded in project structures and focusing on leadership of people rather than the management of systems.

Participants

Whether you own, lead or participate in projects, the Half Double course will provide you with a framework for accelerating time to impact.

Training programme

Attending the following two sessions and the experimentation in between will enable you to use the Half Double methodology in practice.



- Ignite (14-15 November): The **2-day “Ignite”** session that gives you an introduction to the methodology.
- 8 weeks of **experimentation** where you use the methodology on your own projects and document learnings in a reflection paper.
- Boost (24 January): The **1-day “Boost”** session that gives you an opportunity to address the key challenges of applying the methodology in practice and how to overcome them.

At the end of the Ignite session, you will apply your newly acquired methods to plan your personal Half Double journey using the methodology on your own projects during the 8 weeks of experimentation. Following the experimentation on your own project, you will reflect and document your learnings in a **reflection paper**.

Main content

The training course will cover the following main topics:

- An overview of the Half Double methodology and how it fits into the context of classic and agile projects.
- Building an **impact case** to drive behavioural change and business impact.
- Using impact **solution design** to deliver impact as soon as possible.
- Setting up **pulse checks** to monitor stakeholder satisfaction.
- Setting up a **fixed heartbeat** to progress the project in sprints.
- **Visual planning** to gain insights and build commitment in your project.

- Allocating resources to ensure a core team that can be **co-located**.
- Building a **reflective and adaptive mindset** for your project leadership.
- Leading a project collaboratively for increased motivation in the project.
- Inviting **project owners** to support the project by being more actively involved.

- Locally translating the tools to ensure that they can be a success for you in the context that you work in.

The course includes:

Before the course: Reading materials.

During the course: Meals, notebook with stickers and a collection of articles.

After the course: Use learnings from reflection paper to apply the methodology in your projects.

Price:

NOK 14,900

Contact

Practicalities: Maria Elisabeth Strand
Course content: Johan Harder

Detailed agenda

Ignite		Experimentation	Boost
Day 1	Day 2		Day 3
Overall aspirations and learning targets	Good morning and recap	<ul style="list-style-type: none"> • use the methodology in your own projects • document learnings in reflection paper 	Welcome back and recap
Half Double methodology overview and history	Leadership		Review of Impact, Flow and Leadership
Impact principle	Case exercise		Deep dive into learnings from experimentation
Impact solution design	Local translation – making it work in your organisation		Local translation revisited – how do I overcome challenges in my organization
Flow	Personal learning journey and plan for experimentation		Summary and feedback

